

## Ludlow Sprint Triathlon TIMES TO BEAT

### OVERALL COURSE RECORDS\*

Date	Category	Athlete Name	M/F	Overall Time
2016	U21	THOMAS GARBETT	M	01:15:50
2017	U21	Hannah Lancaster	F	01:22:15
2016	OPEN	Nick Slim	M	01:13:16
2017	OPEN	Hannah Lancaster	F	01:22:15
2018	Veteran	Kevin Lane	M	01:13:11
2017	Veteran	Anna Bartlett	F	01:26:22
2016	Super Vet	Paul Rogers	M	01:15:19
2018	Super Vet	LOUISE REYNOLDS	F	01:28:29
2016	Vintage Vet	Keith Bate	M	01:25:09
2017	Vintage Vet	Alison Lamputt	F	01:39:53
2017	Super Vin Vet	Chris GRIFFITHS	M	01:45:51
2017	Super Vin Vet	Hilary Stevenson	F	02:09:32

### Swim Record (400m)

Date	Category	Athlete Name	M/F	Overall Time
2016	U20	Hayden Beebee	M	00:04:53
2013	U21	Heulwen Gilbert	F	00:04:49

### Run Record (6.25k)\*

Date	Category	Athlete Name	M/F	Overall Time
2018	OPEN	Robin WOODS	M	00:22:41
2018	OPEN	Rachel Parker	F	00:25:17

### Cycle Course Record (27km)\*

Date	Category	Athlete Name	M/F	Overall Time
2016	Veteran	ANDREW MOORE	M	00:41:02
2016	OPEN	Christie Jones	F	00:47:13

\*Pre 2016 results are not included due to changes to the course layout in 2016