

# Teme Active Camp Booking Form

Child 1 Name: .....

Address: .....

Postcode: .....

D.O.B: .....

Tel: .....

Mobile: .....

Email: .....

Medical conditions or any factors to make us aware of: .....

I certify that my child is in good health and is able to participate and give permission for authorised Teme Leisure staff to deliver first aid and hospital/doctor treatment to my child should the situation arise. I also agree the Teme Leisure will not be held responsible for any loss or damage to possessions.

Please tick this box if you do not wish for your child to be photographed which mat be used on all media

Parent/Guardian Signature .....

Date: .....

Child 2 Name: .....

Address: .....

Postcode: .....

D.O.B: .....

Tel: .....

Mobile: .....

Email: .....

Medical conditions or any factors to make us aware of: .....

I certify that my child is in good health and is able to participate and give permission for authorised Teme Leisure staff to deliver first aid and hospital/doctor treatment to my child should the situation arise. I also agree the Teme Leisure will not be held responsible for any loss or damage to possessions.

Please tick this box if you do not wish for your child to be photographed which mat be used on all media

Parent/Guardian Signature .....

Date: .....

## TEME ACTIVE CAMP

FOR BOYS AND GIRLS 5-11 YRS

Our active camp days at Teme Ludlow are jam packed full of fun and action that will guarantee your children have a great time.

### REGULAR STAFF...FAMILIER FACES

#### TYPICAL TEME CAMP DAY

8.30am - Arrivals

8.45 - 9.45am - Activity 1

9.45 - 10.00am - Break & Snack

10.00 - 11.15am - Activity 2

11.15 - 11.30am - Games & Morning Children Pick up

11.30 - 12.30pm - Lunch

12.30pm - Games & Arrivals

12.45 - 1.45pm - Activity 3

1.45 - 2.00pm - Break & Snack

2.00 - 3.00pm - Activity 4

3.00 - 3.30pm - Quiz / Games

3.30pm - Collection

#### ACTIVITIES INCLUDE

Football  
Bouncy Castle  
Parachute Games  
Circle Games  
Dodgeball  
Party Games  
Tag Games  
Arts & Crafts  
Den Making  
Relay Races  
Dance  
Team Games  
Basketball  
Ball Games

### WHAT TO WEAR AND BRING

Packed Lunch • Snacks • Plenty of fluid to drink  
Comfortable sports clothing (things could get messy!)  
Trainers • Swim Kit (over 8's) • A smile and bags of energy

Please do not bring valuables & breakables  
or food that requires refrigeration or contains nuts

FULL DAY 8.30am - 3.30pm • £15.00

MORNING SESSION 8.30am - 11.30 am • £8.00

AFTERNOON SESSION 12.30pm - 3.30 pm • £8.00

RUNS EVERY TUESDAY  
& THURSDAY 26th July, 9th & 23rd August  
BOOKING ESSENTIAL

## Swimming Lessons

Teme Leisure offer intensive swimming lessons that are excellent for children who need to concentrate on specific areas, be it swimming unaided or improving stroke technique. Lessons are 30 minutes each day from Monday to Friday, which give young swimmers a big boost in confidence and ability. Lessons are available for children aged 4yrs+ and all abilities are welcomed.

### Teme Ludlow

9.30am or 10.00am Classes

Week 1 - Mon 23rd - Fri 27th July • £23.50

Week 2 - Mon 30th July - Fri 3rd August • £23.50

Week 6 - Tues 28th - Fri 31st August • £18.80

### UNLIMITED JUNIOR SWIM MEMBRSHIP NOW AVAILABLE

£10 per month

See Centre for more information



These Centres are managed by



The operating name of:  
South Shropshire Leisure Limited

Financially Supported by



design & print: st leonards press ludlow 01584 878283

July 23rd - September 2nd

# Summer Holiday Programme 2018

## Summer Pool Programme & Activity Timetable



Teme Ludlow  
Bromfield Road, Ludlow, Shropshire, SY8 1DR  
Tel: 01584 874620

www.teme-leisure.co.uk

# School Holiday Pool Programme

	7	8	9	10	11	12	1	2	3	4	5	6	7	8	9	10
MON	Adult Lanes	Adult Lanes	Starfish	Aquacise	Family Fun 2 Lanes	Public Session 2 Lanes	Public Session 2 Lanes	Public Session 2 Lanes	Starfish	Public Session 2 Lanes	Public Session 2 Lanes	Aquafit	Ladies Only	Adult Lanes		
TUES	Adult Lanes	Adult Lanes	Aquanatal	Aquacise	Family Fun	Public Session 2 Lanes	Public Session 2 Lanes	Public Session 2 Lanes	Diving			Ludlow Swim Club	Adult Lanes			
WED	Adult Lanes	Adult Lanes	Starfish	Aquacise	Family Fun	Public Session 2 Lanes	Public Session 2 Lanes	Public Session 2 Lanes	Starfish			Public Session 2 Lanes	Adult Lanes			
THUR	Adult Lanes	Adult Lanes	Starfish	Aquacise	Adult Lessons	Public Session 2 Lanes	Public Session 2 Lanes	Public Session 2 Lanes	Diving			Aquafit	Adult Lessons	Adult Lanes Tri Club Lanes		
FRI	Adult Lanes	Adult Lanes	Parent & Toddler	Family Fun 2 Lanes	Public Session 2 Lanes	Public Session 2 Lanes	Public Session 2 Lanes	Public Session 2 Lanes	Starfish			Public Session 2 Lanes	Ludlow Swim Club			
SAT	Swim Club	Ludlow Swim Club Lanes	Family Fun 2 lane Lesson	2 Lanes	Available for Kidz Parties see page 16											
SUN	Adult Lanes	Adult Lanes	Flume	Family Fun 2 Lanes	1 lane Lesson	2 Lanes	Starfish Swim									

## Teme Ludlow

Bromfield Road, Ludlow,  
Shropshire, SY8 1DR  
**Tel: (01584) 874620**  
Email: info@teme-leisure.co.uk

STARFISH - All under 8's including under 4's, can be supervised on a 1 responsible adult (aged 16+) to 2 children ratio

All children under 4yrs must be accompanied in the water by an adult (16+) on a one to one basis. Children aged 4-7 must be accompanied in the water on a one adult to two children ratio.

### Teme Tots 3-5yrs

Lots of fun and games with our staff including relays, parachute games and bouncy castle fun



### Wacky Waves 8yrs+

Water Walkerz and various activities will be played throughout the week on these sessions.

## Rookie Lifeguard

**Must be able to swim a minimum of 50M.**

Back by popular demand, Teme Leisure is pleased to run the Rookie Lifeguard award for a third year. Rookie Lifeguard is for 8-16yr olds interested in lifeguarding or lifesaving. As a Rookie you learn skills to help preserve your own life and give yourself knowledge of what to do if another gets into difficulty. These 60 minute sessions are a must for keen swimmers eager to stay safe this summer.

### Teme Ludlow

9.30am-10.30am £32 for the week (5 sessions)  
Wk 4 Monday 13th - Friday 17th August.

Limited places on all of our Swimming Courses. Please contact each Centre directly to book your spaces. Payment required with booking.



WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>ONE</b> 23rd - 29th July	<b>INTENSIVE SWIM LESSONS 4YRS +</b> See back of leaflet for more information	<b>INTENSIVE SWIM LESSONS 4YRS +</b> See back of leaflet for more information <b>TEME ACTIVE CAMP 5-11YRS</b> 8.30am - 3.30pm See inside leaflet for more information	<b>INTENSIVE SWIM LESSONS 4YRS +</b> See back of leaflet for more information <b>TEME TOTS 3-5YRS</b> 1.30pm - 3.00pm £5.00	<b>INTENSIVE SWIM LESSONS 4YRS +</b> See back of leaflet for more information <b>TEME ACTIVE CAMP 5-11YRS</b> 8.30am - 3.30pm See inside leaflet for more information	<b>INTENSIVE SWIM LESSONS 4YRS +</b> See back of leaflet for more information
<b>TWO</b> 30th July - 5th August	<b>INTENSIVE SWIM LESSONS 4YRS +</b> See back of leaflet for more information	<b>INTENSIVE SWIM LESSONS 4YRS +</b> See back of leaflet for more information <b>TEME ACTIVE CAMP 5-11YRS</b> 8.30am - 3.30pm See inside leaflet for more information	<b>INTENSIVE SWIM LESSONS 4YRS +</b> See back of leaflet for more information	<b>INTENSIVE SWIM LESSONS 4YRS +</b> See back of leaflet for more information <b>GO KART, NERF &amp; SPORTS DAY</b> 10.00am - 3.00pm See inside leaflet for more information	<b>INTENSIVE SWIM LESSONS 4YRS +</b> See back of leaflet for more information
<b>THREE</b> 6th - 12th August	<b>WACKY WAVES 8YRS+</b> 9.30am - 11.30am £5 per session £20 for the week	<b>TEME ACTIVE CAMP 5-11YRS</b> 8.30am - 3.30pm See inside leaflet for more information <b>WACKY WAVES 8YRS+</b> 9.30am - 11.30am £5 per session £20 for the week	<b>TEME TOTS 3-5YRS</b> 1.30pm - 3.00pm £5.00 <b>WACKY WAVES 8YRS+</b> 9.30am - 11.30am £5 per session £20 for the week	<b>TEME ACTIVE CAMP 5-11YRS</b> 8.30am - 3.30pm See inside leaflet for more information <b>WACKY WAVES 8YRS+</b> 9.30am - 11.30am £5 per session £20 for the week	<b>WACKY WAVES 8YRS+</b> 9.30am - 11.30am £5 per session £20 for the week
<b>FOUR</b> 13th - 19th August	<b>ROOKIE LIFEGUARD 8YRS +</b> See inside leaflet for more information	<b>ROOKIE LIFEGUARD 8YRS +</b> See inside leaflet for more information <b>TEME ACTIVE CAMP 5-11YRS</b> 8.30am - 3.30pm See inside leaflet for more information	<b>ROOKIE LIFEGUARD 8YRS +</b> See inside leaflet for more information	<b>ROOKIE LIFEGUARD 8YRS +</b> See inside leaflet for more information <b>GO KART, NERF &amp; SPORTS DAY</b> 10.00am - 3.00pm See inside leaflet for more information	<b>ROOKIE LIFEGUARD 8YRS +</b> See inside leaflet for more information
<b>FIVE</b> 20th - 26th August	<b>WACKY WAVES 8YRS+</b> 9.30am - 11.30am £5 per session £20 for the week	<b>TEME ACTIVE CAMP 5-11YRS</b> 8.30am - 3.30pm See inside leaflet for more information <b>WACKY WAVES 8YRS+</b> 9.30am - 11.30am £5 per session £20 for the week	<b>TEME TOTS 3-5YRS</b> 1.30pm - 3.00pm £5.00 <b>WACKY WAVES 8YRS+</b> 9.30am - 11.30am £5 per session £20 for the week	<b>TEME ACTIVE CAMP 5-11YRS</b> 8.30am - 3.30pm See inside leaflet for more information <b>WACKY WAVES 8YRS+</b> 9.30am - 11.30am £5 per session £20 for the week	<b>WACKY WAVES 8YRS+</b> 9.30am - 11.30am £5 per session £20 for the week
<b>SIX</b> 27th August - 2nd September	<b>BANK HOLIDAY</b>	<b>INTENSIVE SWIM LESSONS 4YRS +</b> See back of leaflet for more information <b>TEME ACTIVE CAMP 5-11YRS</b> 8.30am - 3.30pm See inside leaflet for more information	<b>INTENSIVE SWIM LESSONS 4YRS +</b> See back of leaflet for more information	<b>INTENSIVE SWIM LESSONS 4YRS +</b> See back of leaflet for more information <b>GO KART, NERF &amp; SPORTS DAY</b> 10.00am - 3.00pm See inside leaflet for more information	<b>INTENSIVE SWIM LESSONS 4YRS +</b> See back of leaflet for more information

ADVANCE BOOKING REQUIRED



For Ages Rec - Yr 7

10.00am - 3.00pm £12.00  
Early Drop off 9.00am Extra £2.00

**Join Lee and his crew  
for a fun filled day.**

**Activities include:  
Go Karting, Nerf Battles,  
Bouncy Castle, Sports & Games**

Fully Supervised with DBS Checked Staff  
Packed Lunch Required

Please be aware this is not bookable through Teme Leisure. To book you are required to contact Lee on either Facebook,  
Mobile: 07762 702515  
Email: lee@go-kartparty.co.uk

@GoKartPartyShropshire



www.teme-leisure.co.uk